



# Free Online Course Understanding your Child

(From the Solihull Approach Series)

'Understanding your child' is an online course for all parents, grandparents and carers of children aged 0-18 years. This course is a journey through knowledge. It builds up a way of looking at things that will be helpful for most situations.

This course has content you can trust. It has been written by Clinical Psychologists, Child Psychotherapists and other health professionals in the Solihull Approach team. It has also been awarded the UK Government's CANparent Quality Mark.

There are 11 modules, each taking around 20 minutes each. The Modules build on the ones before, creating a course. It has the same content as the Solihull Approach Understanding Your Child course.

This means that if one of you goes on the face to face course and the other does the online course you will cover the same material.

To Access The Online Course  
Visit: [www.inourplace.co.uk](http://www.inourplace.co.uk) with  
Free code: **STGEORGE**