## Free Online Course Understanding your teenager's brain

(From the Solihull Approach Series)

Our experience is that parents/carers really value being introduced to this information about the changes in teenager's brains.

Find out what happens to the brain as a child hits adolescence.

See how this explains some of the changes in their behaviour that you've noticed.

## The Online Module covers:

- · Teenager's brain development
- · Teenagers and reading faces
- · Risk taking
- · Risk taking and friends
- · Sensitivity to rejection
- · Teenagers and sleep

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